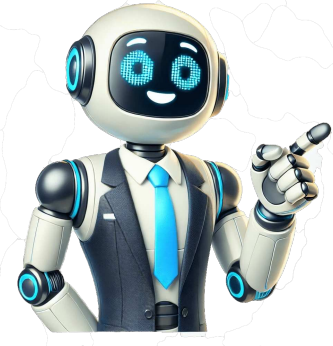


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No one answers or returns my calls

Download Article Tips on confronting someone who won't return your calls Download Article Sometimes it can be difficult to tell if someone is deliberately avoiding you when you phone. This can make you feel anxious, hurt your feelings and create a socially awkward situation. Before you do anything rash, there are a few logical things you can do to determine if you are being avoided. Once you're sure you know where you stand, you'll need some social skills to smooth things between you and your friend. Be direct and avoid blame and criticism. Ask them why they're avoiding your calls. Ask them if there's something you've done or something that they would like to talk about. Mention specific examples of times you've called them. 1 Check your call log. Check to see if all your calls to your friend have been missed. What's the ratio of missed calls to answered calls? Notice the call length, the time you called them, how often you call them and whether or not they have called you. If the balance of missed calls, answered calls and placed calls seems off to you, think of other reasons this may be. Perhaps their phone plan is limited or they can't buy phone credit/minutes/top-up regularly. 2 Determine whether you're calling at a convenient time. Think of things that your friend might be busy with. If you know them well and are aware of their schedule, think of any activities they might be engaged in. Perhaps they're in a meeting or is driving somewhere. Perhaps this is the time of day they take a nap or they sleep early. Have they mentioned any event that they might be attending that is not part of their regular routine? Perhaps their ringer is off/her phone is on silent or the battery needs to be charged. Don't jump to conclusions. They may have a genuine reason for not answering your call. Advertisement 3 Consider the state of your relationship. Has anything happened recently that has made things awkward between you and your friend? 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