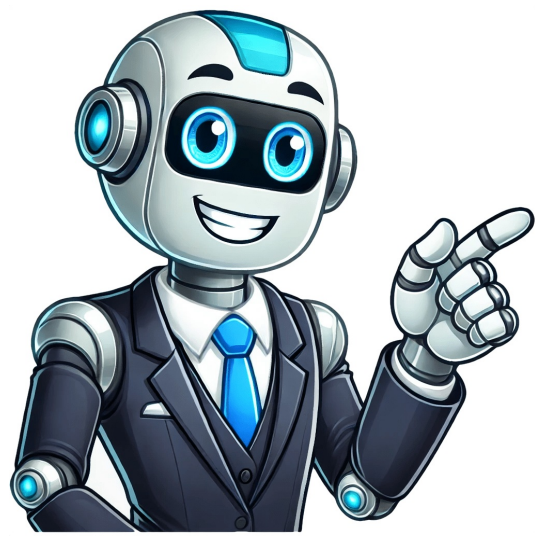


I'm not a robot



menu15 & Under League – for Ages 13, 14, & 15 year old players. 11 & 12 -year-old players are considered on a case-by-case basis. 12 & Under League – for Ages 9, 10, 11, & 12 year old players. 7 & 8 year-old players are considered on a case-by-case basis. Games will be played on Tuesday Nights. When: Games will be played on Tuesday Nights. Tentative game start times will be 5:30, 6:20, 7:10 pm or 8:00 pm. Price: \$150.00 for a Jersey, 2 League Practices/Evaluations, 10 regular-season games, and at least 1 Guaranteed Playoff Game. Evaluations: League Practice/Player Evaluation on Tuesday 3/7 & 3/14 from 5:30 pm to 6:30 pm. Games begin on Tuesday, 3/21. The regular season will run thru early June 2023. Required Equipment: Required for all our Hockey Leagues & Clinics is Inline Skates, Hockey Stick, Certified Hockey Helmet, Hockey Gloves, Shin Pads, and Elbow Pads. Recommended: Hockey Pants, Mouth Piece, Cup.Membership and Insurance: All players are required to pay for MSA league membership each year. The cost is \$20 and is good for the entire calendar year. Players will not be permitted on the rink without it. Along with insurance coverage, membership provides discounts at the rink and pro shop. *See office for details*For More Info please contact our Youth Hockey Director Jaime Maher. Please notify us of any incorrect Inline, Roller and Ball Hockey Rink listings. In order to maintain accurate details your assistance is necessary. Report incorrect info HERE *Search*Please be advised, search does not work in all browsers, (depending on version). You can press "Find in Page" to find all occurrences of your search criteria. This youth inline hockey directory is designed to assist in finding local and regional inline, roller and ball hockey rinks in but not limited to the tri-state Pennsylvania, New York and New Jersey regional areas. # Team Blue Inline Youth Hockey, Pottstown, PA. (422 Sportsplex) A Labeda Pharaoh's Inline Youth Hockey, Pittsburgh, PA. (Alpha Ice Arena) B C D E F G H I J K L M N O P Q R S T New Jersey Assault Inline Youth Hockey, Aberdeen, NJ. (Tab Ramos Rink) U V W X Y Z GO BACK TO YOUTH HOCKEY PARENTS GUIDEBOOK Grab your skates and get ready to roll! Roller hockey enthusiasts of all skill levels can enjoy our well-organized Youth Recreational Hockey League, with players being placed on teams to create a competitive, but fun environment. Our Youth Recreational Hockey League is perfect for past participants of our Rookie Training class looking to advance their skills with more game experience. Season Begins June 21 Registration Period May 31 – June 18 Playoffs Begin TBA 7 & Under Rookies Tuesday 4pm – 5pm Wednesday 3:30pm – 4:30pm 9 & Under Mites Tuesday 4pm – 5pm Wednesday 3:30pm – 4:30pm 11 & Under Squirts Tuesday 4pm – 5pm Wednesday 3:30pm – 4:30pm 13 & Under Pee Wees Tuesday 4pm – 5pm Wednesday 3:30pm – 4:30pm 17 & Under Bantams Tuesday 4pm – 5pm Wednesday 3:30pm – 4:30pm Players are placed on teams through a blind draft by age and skill level to make every attempt to level the playing field between teams in each division. The League Director reserves the right to adjust teams as necessary. Siblings in the same age groups may play on the same team. The Coach's child will be placed with him/her. Girls are permitted to play in a lower division (up to 1 year) by request from the parents to the League Director by email. Travel Team players may be required to play in a division higher than their age. Please Note: We cannot accept requests for practice times, specific coaches, carpooling, or multiple players together (except siblings who are in the same division). Each team will have a maximum of 10 skaters and goalie (if available). Our youth leagues strive for equal playing time. You will be contacted a few days before the start of the season with your team assignment and time of your first game. All games and practices are held at The Plex. Games are usually played on Saturdays between 9AM and 4PM. When needed games may be played on Sunday. All participants must be Plex members. Sibling Discount: When first child is a skater in the Mite, Squirt, & Pee Wee divisions only, 2nd and subsequent siblings are eligible for a \$25 discount. Siblings must register and pay in the same transaction in order to receive the discount; may be combined with early registration but no other discounts. Payment Plans: Did you know that The Plex has payment plan options to match any budget? All league fees, class fees, and membership fees can be broken down into weekly or bi-weekly payments over 8-weeks time. The payments can be scheduled around your payday and your budget. Please note that a nominal service charge is applicable upon entering a payment plan and we require that all payment plans be set up in person. Email info@gotoplex.com for more information. Equipment may be rented as needed, including an affordable season rental option for as little as \$100 per season. H.E.C.C. Approved helmet with full face cage Mouthguard Chin strap Elbow pads Knee/shin pads Gloves Stick (no black tape) Skates (no brakes allowed) Athletic cup/pelvic protector recommended For more information, please contact our Youth League Director, Kyle Unsinger with any questions. Deciding where to play roller hockey can be quite a conundrum. In fact, when it's time to lace up and hit the rink, their #1 question is... Where to play roller hockey? This isn't just about finding a spot with four walls and a smooth surface. No siree! This is what separates the casual skater from the true puck handler. Finding that perfect place for your blades to meet pavement... well, folks, it ain't easy. I mean, take one enthusiastic player who recently told me he spent weeks searching only to end up at an overcrowded park with more pebbles than flat space! Poor guy's now afraid of even looking again; not to mention scared he'll never find his ideal match in a world full of asphalt jungles. A real bummer! But here comes reality check...The Intricacies of Roller Hockey Roller hockey, a beloved pastime of countless people worldwide, is an exciting game that incorporates speediness, nimbleness, and tactics. This dynamic sport has two distinct forms – traditional quad roller hockey and inline hockey. Differentiating Quad Roller from Inline Hockey In essence, both variants require well-developed skating skills. However, they differ in their equipment setup; quad roller uses four wheels set in pairs while inline hockey, as its name suggests, employs a straight line configuration of wheels similar to ice skates. Inline skate design allows for greater speed which adds another level of excitement to the already fast-paced nature of this team possession game. On the other hand, traditional quad roller emphasizes more on stability making it easier for beginners yet challenging enough for experienced players due to its unique dynamics when played at higher levels. A Sport with International Popularity Roller hockey brings together people from different cultures across continents who share common love towards this exciting sport. It's not just popular among those who have previously played ice or field sports but also attracts individuals looking out for something new and thrilling. See also Ranking 2011 World Inline Hockey ChampionshipsThe long tradition associated with roller makes it one fascinating facet within global sporting culture where each country contributes uniquely through their playing style or even tournament organization like summer leagues attracting youth participation across various age levels. Next up: We'll delve into comparing how these variations stack against Ice Hockey. Roller Hockey vs Ice Hockey: A Comparison For those who already play ice hockey but are interested in trying roller, it's essential to be aware of the variations between these two activities. The Challenges Faced by Ice Hockey Players in Roller Hockey Ice and roller may seem similar but they have key distinctions that can challenge even experienced players transitioning from one to another. One of the main challenges is adapting to different skating techniques – while ice hockey requires glide strides for speed, playing roller necessitates a more continuous stride due to friction on surfaces other than ice. Besides this, stopping methods differ significantly too; unlike ice where players use edges of their skates for quick stops, played roller demands mastering T-stops or spin stops which might take some time getting used-to. How Roller Hockey Enhances Stickhandling Skills Roller brings its own set of advantages as well though. It's often said that if you want better stick handling skills then play inline. This is because compared with its icy counterpart, roller tends towards being a team possession game, giving each player ample opportunities with the puck thus improving individual ball control and maneuvering abilities over time. In fact many professional NHL stars like Bobby Ryan started off at local outdoor rinks before making it big in pro leagues.. Training for Roller Hockey The physical training required for roller hockey is similar to ice hockey, with a focus on explosive power and interval training. This form of exercise helps players develop the speed and agility necessary in both forms of the sport. Packing Your Wheeled Hockey Bag To prepare effectively for your training sessions, it's crucial to pack your wheeled hockey bag appropriately. Your gear should include essential items like shin pads which offer protection during play. Equipment specifically designed for inline or roller hockey can be found at various sports outlets online. Fitness Training Tips For Roller Players Besides equipment preparation, fitness conditioning plays an integral role in enhancing performance levels in any team possession game including roller hockey. Aerobic exercises such as running or cycling help build stamina that enables you stay active throughout a match without tiring easily. Anaerobic activities like sprinting improve explosiveness – vital when chasing down opponents or making quick breaks towards goal. In addition, strength-based workouts targeting core muscles are beneficial as they enhance balance while skating and shooting. See also Pathway to Professional Inline Hockey: A Comprehensive GuideRemember: The aim here isn't just about being physically fit but also improving specific skills pertinent to playing roller. As we transition from discussing individual readiness into collective participation, our next topic will explore joining leagues where beginners get introduced to competitive play whilst experienced skaters continue honing their craft. Joining a Roller Hockey League If you're an ice hockey player looking to keep your skills sharp during the off-season, or perhaps seeking an alternative team sport that's less expensive but equally thrilling, consider joining a roller hockey league. Roller leagues offer opportunities for players of all skill levels and ages. They can be especially beneficial for youth hockey age levels as they provide year-round training and development possibilities. Playing at Plainville Indoor Sports Arena (PISA) Plainville Indoor Sports Arena (PISA), located in Connecticut, is one such place where both beginners and experienced inline players can play roller. PISA offers multiple rinks catering to different skill sets - from novice skaters just getting their feet wet in the world of wheeled sports to seasoned pros who've played professional ice hockey before transitioning into roller games. Packing your wheeled hockey bag with essential gear like shin pads and heading out for practice sessions here could give you much-needed exposure while honing your skating techniques on smooth surfaces unlike those found in outdoor settings. Coping with Summer Hockey Tournament FOMO The summer months often bring about what many refer to as summer tournament fomo among avid ice-hockey enthusiasts. This feeling stems from missing out on competitive action due to seasonal restrictions associated with traditional winter-based sports like Ice-Hockey. By participating in a local roller league though, this void gets filled up quite effectively. You get ample chances not only improve individual possession game but also build camaraderie amongst fellow athletes sharing similar interests. Preparing for Your First Game Stepping into roller hockey can be both thrilling and intimidating, particularly when you're getting ready for your first match. Transitioning from Ice Rink to Outdoor Rink Moving from an indoor ice rink environment to an outdoor setting is a common challenge faced by many new players. The dynamics are different – there's no zamboni smoothing out rough patches or consistent temperature control in play. The key lies in understanding these differences and adapting accordingly. Practicing on similar surfaces prior to match day could provide valuable experience with handling puck bounces, controlling speed, and maneuvering around the outdoor rinks' conditions. Choosing Your Equipment Selecting appropriate gear is another crucial aspect when prepping for your debut roller hockey game. Unlike ice hockey where equipment color isn't much of a concern, team possession games rules in roller leagues often dictate whether white or colored equipment should be worn. See also Rosario 2015 : Argentina Welcomes Inline HockeyIn addition to this consideration, helmets, wheeled hockey bags, knee pads, and gloves are essential items that need careful selection too. A well-fitted helmet will protect against potential head injuries while knee pads safeguard against falls during aggressive plays.Your wheeled bag needs enough space not just for all these essentials but also extras like water bottles and snacks. With adequate preparation, you'll confidently step onto that outdoor rink ready face any challenges thrown at you. Now let's dive deeper into what it feels like playing men's league Roller Hockey. The Joy of Playing Men's League Roller Hockey Roller hockey brings a unique thrill, especially for those who have played professional ice hockey and are now partaking in men's league roller. Roller hockey teams can provide a great sense of fellowship and companionship. Why Choose Men's League? If you've ever played ice hockey, transitioning to play roller might seem like an unusual step. However, many players find it refreshing and enjoyable. In fact, some even prefer it over their experiences on the ice due to its more relaxed atmosphere. Bridging from Professional Ice Hockey Recognizes this transition as not only common but beneficial. These professionals note how summer seasons spent playing roller helped maintain their conditioning while refining stick handling abilities. Finding Your Groove in Inline Skating Inline skating requires precision control and balance – something every seasoned or beginner. The ability to smoothly glide across outdoor rinks is both challenging yet rewarding once mastered. Remember: each game should be seen as another opportunity to improve your skill set whether you're practicing intricate puck maneuvers or working on defensive strategies. Finally remember – no matter what level you're at; there's always room for improvement. Whether through joining leagues such as PISA (Plainville Indoor Sports Arena) where youth age levels can participate alongside adults or simply engaging in friendly neighborhood matches – there are numerous ways one can enjoy this exciting form of sportsmanship. So strap up those shin pads tightly into your wheeled bag because once experienced; nothing quite compares with exhilaration felt when participating within fast-paced world known globally by millions around globe enjoying same passion we share here today...roller hockey. FAQs in Relation to Where to Play Roller Hockey Where is roller hockey most popular? Roller hockey enjoys significant popularity in countries like Spain, Portugal, and Italy. It's also gaining traction in the United States. Where do you play hockey? Hockey can be played on ice rinks for traditional ice hockey or outdoor/indoor courts for roller and street variants. How many countries play roller hockey? Around 60 nations across the globe participate in international roller hockey competitions as per World Skate Federation data. Do people still play roller hockey? Absolutely. Roller Hockey remains a beloved sport worldwide with leagues operating at various levels from youth to adult divisions. Conclusion If you're eager about where to play roller hockey or want tips on how best to train for it, whether you're just starting out or looking forward to taking your gameplay up several notches – World Inline Hockey has got all bases covered. We invite you to World Inline Hockey, where we provide helpful information about inline Hockey tailored specifically towards beginners learning basics & experienced players aiming high! Let us help take your passion for this exhilarating sport further than ever before. Aktiv i Oslo Rulleskøyter og rollerblades Har du prøvd inline hockey eller rollerhockey som det kalles? Ellers kan jo rollerblades bruke til mye – turer, dansing og gateløp. Langs Frognerstranda er det for eksempel kjempefint å gå på inlineskøyter på en varm sommerdag. Nedenfor finner du informasjon om hvor du kan kjøpe inlineskøyter eller rulleskøyter. Driver klubben din med rollerblades? Da vil vi gjerne ha deg med på denne siden. Ta kontakt på post@aktivioslo.no. Youth Roller Hockey Skills & Drills: Facebook @ docs In-House hockey Sunday From 2:00pm-3:00pm - (Please see Rink Calendar)ONLY \$5.00Rental Equipment available & included!Perfect for beginners learning to play or advanced players looking to improve their skills. Youth Roller Hockey League: **New Season starts August 10th 2025** Evaluations - July 20th 2025 1pm-2pmMust be registered by July 20th- See Link Below to register!League fees are only \$100 for 8 weeks plus play-offs We will have jerseys for all the players that must be returned at the end of the season Games will be two 20 min running clock periods. 3 vs 3. Teams will switch goalies at the end of the 1st period. All penalty's will be 1-1/2min. We will be following USA roller hockey rules. 3 penalty's in a single game and you will be ejected from the game Every game someone will receive first star of the game to redeem for a free ice cream from the snack bar. Snack bar will be open from 2:00pm- until after games. If no one is there please ask the front desk We will still be having skills training every Sunday from 3:00-4:00pm If the coaches feel a team is uneven and unfair we will make a trade within the first two weeks to even teams out. Our goal is for every team to be as even and fun as possible. We are looking for goalies also if any one is interested that is playing in the advanced league and wanted to try playing goalie in the beginner league let me know. Youth League Spring Season Sign-up link: 2025 Fall/Winter League will be mixed skill levels from upper to lower level players. All players must have prior experience playing in a roller league hockey. Individual Sign ups - Teams will be drafted to be as even and fair as possible Music will be played during games 3 vs 3 - nets in the walls 8 games per season plus playoffs Online league stats Season begins Fall 2025 - All games on Wednesdays For additional details contact Devin Docherty at Devin@docsfamilyfuncenter.com Jr. Vipers Travel Tournament Teams: 6u, 8u, 10u, 12u, 14u, 16u & 18u teamsTeams have matching Vipers Jerseys & PantsSee Flyer below for try-out date/times! Travel Roller Hockey is: Very competitive, with weekly practices An EXCELLENT way to extend hockey season MUCH lower cost than travel ice hockey!