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There are many medical systems developed over the millennia with specific concepts. The historic evidence depicts that the world moves on to better medicinal practices are studied as a foundation of the latest medicinal practices. One such practice is Unani medicine. Developed in the Middle
East, this medicinal practice has immense significance during the dawn of modern civilization. In this section, we will discuss what Unani is and how it was developed. What is Unani? Unani medicinal practices that evolved in the Islamic provinces thousands of years back. It has been mentioned by Galen and Hippocrates, the
ancient physicians of Greece nearly 2500 years back. Imagine the way this medicinal practice was popular. It is a part of the Islamic culture and development of the concepts of this traditional medicinal medicinal practice was popular. It is a part of the Islamic culture and development of the concept of this traditional medicinal practice was popular.
traditional medicine evolved over time. The Arabian scholars made many refinements of the concept by experimenting and practising the old ones. The most noted among them was Avicenna. The Caliphate rule also did excellent development in the concepts by translating the Greek knowledge of human physiology and diseases into Arabic. This
knowledge is considered to be the prime foundation of Unani. For more than 1400 years, the Unani system of medicine has been practitioners worldwide making it one of the most popular alternative medicinal practices. Medical wisdom from the Middle East and other
parts evolved and spread all over South Asia. What are the Unani Medicine Principles? Every medicinal practice has a particular approach to human physiology and treatment methods. The Unani medicine list is based on natural healing methods. The concepts rely on the healing power
of an individual. They are also built on the foundation of mental, physical, and spiritual realms. The basic principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles of physiology of Unani Medicine are based on Al-Umoor Al-Tabiyah, the seven principles are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the temperature are also built on the foundation of the foundation of the temperature are also built on the foundation of 
bodily humors. Aaza depicting all the organ systems. Arwah depicts the vitality and presence of a spirit. Qua depicts the functions. All these seven principles interact with each other and maintain balance. When all these principles of human physiology are in harmony, a person remains healthy. In
fact, the basic of Unani treatment is to maintain the balance and to believe that the power to maintain this balance resides within the patient. This self-healing power is depicted as Tabiyat. It is maintained when the seven components, mentioned above, remain in absolute harmony. It is considered a traditional medicinal practise as the evidence of all
 these components have not been scientifically proven. This alternative medicinal practise is quite popular across the world, especially in the Middle East and South Asia. In 2014, an estimated volume of 400,000 practitioners was registered under the Indian Medical Association. Many practice quackery by giving western medicines to patients without any
license or certification. What is the Difference Between Unani and Modern Medicine? As we all know now that the Unani treatment depends on the seven components, the practice believes that the capability of maintaining the balance of all these components lies within us. Despite this fact, there is no such scientific evidence that directs us to believe in
 this millennia-old medical practice. Western medicine, on the other hand, is based on research, data, and scientific evidence. The results help us draw the line regarding using medicine or developing a new treatment procedure. The results help us draw the line regarding using medicine or developing a new treatment procedure.
The Unani medicine list is based on the natural ingredients extracted from natural sources. It means that the medicines are given in general, without checking the active ingredients responsible for the therapeutic effect. The dosage and delivery forms have not been improved since then. Conclusion Despite the lack of evidence, you can find Unani
medicine online. The methods of preparing medicines in this system have been refined using modern technology but the principles are based on the age-old conceptual foundation. People seek this way of treatment due to common beliefs. The medicines are based on the age-old conceptual foundation.
it is considered to be a traditional medicinal approach for the treatment of various diseases need proper medical attention from the contemporary healthcare system. The evolution development of Unani Medicine: Education, Practice, Research, Future Development and
Challenges Prof. Rais-ur-Rahman Advisor (Unani) Ministry of AYUSH Govt. of IndiaState of Human Body • Health (Physiology) • Decline in Health (Physiology) • Decline 
(Akhlat) Temperament (Mizaj) Strengths of Unani Systems of Medicine • Holistic approach for the management of diseases • Immunomodulation • Tonics (Muqawwiyat) • Exhilarants (Mufarrihat) • Organ specific medicines • Regimenal Therapy: Cupping, Leeching, venesection, Hammam etc. • Specialties: • Skin Diseases: Vitiligo, eczema, psoriasis etc.
 • Digestive disorders: Dyspepsia, Irritable Bowel Syndrome, Ulcerative Colitis etc. • Respiratory disorders: Asthma, bronchitis etc. • Musculo-skeletal diseases: Arthritis, Osteoarthritis, Osteoarthritis etc. • Musculo-skeletal diseases: Arthritis, Osteoarthritis etc. • Musculo-skeletal diseases: Arthritis etc. • Musculo-skeletal diseases: Arthriti
etc. Historical Evolution of Unani System of Medicine Evolutional Development BUQRAT (HIPPOCRATES) (460-370 BC)JALINOOS (GALEN) (129-200 AD)EAKARIYA RAZI (RHAZES) (865-925 AD)IBN-E-SINA (AVICENNA) (980-1037 AD)HAKIM AJMAL KHAN (1868-1927 AD)HAKEEM ABDUL RAZZACK (1931-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-1931) (1908-19
 1992 AD)Education Central Council of Indian Medicine (CCIM) is the regulatory authority for education in Ayurveda, Unani and Siddha Systems of Medicine Central Council Act, 1970 vide gazette notification extraordinary part (ii) section 3(ii) dated
10.8.71.Main objectives of the CCIMEducationSpecializations (PG) in UnaniSytem of MedicinePost Graduate Institutions • Ayurvedic & UnaniTibbia College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi • Ajmal Khan Tibbiya College, Karol bagh, New Delhi 
Mohammadia Tibbia College & Assayer Hospital, Malegaon • Zuleikhabai Valy Mohammad Unani Medicine, Bangalore • Central Research Institute of Unani Medicine, Hyderabad • Regional Research Institute of Unani Medicine, Bangalore • Central Research Institute of Unani Medicine, Bangalore • Central Research Institute of Unani Medicine, Hyderabad • Regional Research Institute of Unani Medicine, Bangalore • Central Research In
Unani Medicine, Srinagar • AllamaIqbalUnani Medical College & Hospital, Aligarh, UPPhD Institutions • JamiaMilliaIslamia, New Delhi. • National Institute of Unani Medicine, Bangalore. • NizamiaTibbia College, Hyderabad.PracticePharmacopeia
Commission for Indian Medicine (PCIM) • Established by the Government in 2010 to develop pharmacopeia standards for Unani, Ayurveda and Siddha Pharmacopeia of India for the promotion of quality and safety of these drugs. • Unani Pharmacopeia Commission (UPC)- constituted by PCIM • To
prepare Unani Pharmacopeia of India of single drugs and compound formulations. • To develop and standards for raw materials as well as compound formulations. • EDL-Essential Drug List of Unani Medicine was developed by Department
of AYUSH in 2000 and revised in 2013. EDL contains 288 generic unani medicines including 213 compound formulations and 75 single drugs. • The Commission has published standards of 2551 ASU & H Drugs as on 05th October, 2017. Pharmacopeial Laboratory for Indian Medicine (PLIM) PLIM, Ghaziabad, Uttar Pradesh is a subordinate office of the
Ministry of AYUSH, Govt. of India Objectives: • To lay down standards of single drugs to be incorporated in Ayurveda, Unani and Siddha Formularies. • To analyse the survey, official samples are compound formulations included in Ayurveda, Unani and Siddha Formularies. • To lay down standards of single drugs to be incorporated in Ayurveda, Unani and Siddha Formularies. • To lay down standards of single drugs to be incorporated in Ayurveda, Unani and Siddha Formularies. • To lay down standards of single drugs to be incorporated in Ayurveda, Unani and Siddha Formularies.
To maintain Medicinal Plants Garden and find out indigenous substitutes for exotic plants. • To preserve standard and authentic specimens in herbarium and museum. Unani Pharmacopoeia Committee (UPC). • The
UPC consist of experts of Unani System of Medicine, Chemistry, Botany and Pharmacology. The CCRUM has been designated as Secretariat for the UPC. • Six Volumes of National Formulations. • CCRUM has also published Unani Pharmacopoeia of India {Part-I
for single drugs containing 298 drugs (Six Volumes) and Part-II for compound drugs containing 150 monographs (Three Volumes) CCRUM) • CCRUM is an apex autonomous research organization functioning under the Ministry of AYUSH. • Set up in 1979 to build a research base for Unani with focused
 objectives and plans. • The Council has its headquarters in New Delhi with 23 centres functioning in different parts of the country • Central Council for Research in Unani Medicine (CCRUM), New Delhi • 2 Central Research Institute of Unani Medicine-Hyderabad & Luckhnow • 8
Regional Research Institute of Unani Medicine- Chennai, Bhadrak, Patna, New Delhi, Mumbai, Kolkata, Aligarh, Srinagar • Hakim Ajmal Khan Institute, Ghaziabad • 2 Regional Research Centres of Unani Medicine- Chennai, Bhadrak, Patna, New Delhi, Mumbai, Kolkata, Aligarh, Srinagar • Hakim Ajmal Khan Institute of Literary and Historical Research Units
(Unani)-Bhopal, Burhanpur, Meerut, Bangaluru, Karnool & Edathala • Clinical Research Unit- Ghaziabad • Chemical Research Unit- Ghaziabad • Chemical Research Unit- Ghaziabad • Clinical Research Unit- Ghaziabad •
 results have been achieved in diseases like vitiligo, eczema, psoriasis, sinusitis, bronchial asthma etc. • Validation of formulations from National Formula
reviewed journals. • 8 unani formulations have been patented by the council and 43 applications for seeking patents are under consideration of Indian Patent Office. • Collaborative research projects with premium institutes like AIIMS, New Delhi, Vallabhbhai Patent Office. • Collaborative research projects with premium institutes like AIIMS, New Delhi, Vallabhbhai Patent Office.
New Delhi, JamiaHamdard, New Delhi. • Integration of AYUSH with National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS). • "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the lines of "SwasthRakhshanProgramme" - initiated by Ministry of AYUSH on the li
for identifying, preventing and treating the diseases related to poor hygiene and sanitation. Extra Mural Research (EMR) Scheme • Launched by Ministry of AYUSH to develop research and development based AYUSH drugs for prioritized diseases. • Financial aid of Rs. 70 lacs is given to the institutes for a research project of maximum 3 years duration.
Areas of Research Fundamental Research Fundamental Research Clinical Research Clinical Research Future Development Future Devel
to make it convenient and easy to take. • Toxicity/ Safety evaluation of Unani DrugsConduction of Randomized Controlled Trial • Educational Reforms • Continuous revision of syllabus and curriculum • National Eligibility Test for teachers • Bridge course of Unani system of Medicine for other Systems of Medicine THANK YOU Traditional medicine from
the Mughal empire Part of a series on Alternative medicine General information Alternative medicine General information Alternative medicine Pseudoscience Antiscience Skepticism Scientific Therapeutic nihilism Fringe medicine and science Acupressure Acupuncture Alkaline diet
Anthroposophic medicine Apitherapy Association for Research and Enlightenment Auriculotherapy Bates method Biological terrain assessment Black salve Bodywork Bone-setting Bowen technique Breathwork Fake COVID-19 treatments Charcoal cleanse Chiropractic Chiropractic Chiropractic
treatment techniques Vertebral subluxation Christian Science Chromotherapy Colloidal silver Colon cleansing Coffee enema Colorpuncture Conversion therapy Dental amalgam controversy Detoxification Foot detox Dry needling Ear candling Energy medicine Correactology Esoteric energy Reiki
Therapeutic touch Estrogen dominance Fabunan Antiviral Injection Facilitated communication FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection Facilitated communication FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection Facilitated communication FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection Facilitated communication FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection Facilitated communication FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection Facilitated communication FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Injection FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Bach flower remedies Hydrotherapy Hydrotherapy Injection FasciaBlaster Feldenkrais method Functional medicine Hair analysis Holistic dentistry Hologram bracelet Homeopathy Hydrotherapy Hydrother
Manual therapy Manual lymphatic drainage Medical intuitive Megavitamin therapy Mesmerism Mind-body interventions MMS Myofascial release NAET Naturopathy Ozone therapy Parapsychology Phrenology Postural Integration Psychic surgery Psychodermatology
Quantum healing Radionics Rapid prompting method Reflexology RBOP Rolfing Scientific racism ThetaHealing Thomsonianism Thought Field Therapy Urophagia Vaginal steaming Vegetotherapy Vision therapy Visi
vaccinationism Vaccine misinformation Vaccine and autism MMR vaccine and autism MMR vaccine and autism formation Vaccine and autism MMR vaccine and autism in chiral properties.
 Mongolian Naftalan oil Prophetic medicine Shamanism Shiatsu Siddha Sri Lankan Thai massage Tibetan Unani Vietnamese Alternative diagnoses Adrenal fatigue Aerotoxic syndrome Multiple chemical sensitivity Vertebral subluxation
to the fact that the Perso-Arabic system of medicine was based on the classical four humours: phlegm (balgham), blood (dam), yellow bile (safrā) and black bile (saudā'), but it has also been influenced by Indian and
Chinese traditional systems.[7] Further information: Medicine in the medieval Islamic world Arab and Persian elaborations upon the Greek system of medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and al-Razi influenced the early development of Unani.[8][9] Unani medicine by figures like Ibn Sina and Ibn Sina 
 offer post-graduate degrees in Unani medicine.[17] The Central Council of Indian Medicine (CCIM), a statutory body established in 1971 under the Department of Ayurveda, Yoga and Naturopathy, Unani, and other traditional medical
 systems.[18] Another subdivision of AYUSH, the Central Council for Research in Unani Medicine (CCRUM),[19] aids and co-ordinates scientific research in stitutes and units.[20] To fight biopiracy and unethical patents, the Government of India set up the Traditional Knowledge
Unani courses and registering practitioners of the medicine. [24] Various private foundation devote themselves to the research and production of Unani medicines, including the Hamdard Foundation, which also runs as unani medicines, including the Hamdard Foundation, which also runs as unani medicines, including the Hamdard Foundation, which also runs as unani medicines, including the Hamdard Foundation, which also runs as unani medicines, including the Hamdard Foundation, which also runs as unani medicines, including the Hamdard Foundation runs as unani medicines, including the Hamdard Foun
 Higher Education Commission, [27] Pakistan Medical and Dental Council, [28] and the Pakistan Pharmacy Council. [29] Some medicines traditionally used by Unani practitioners are known to be poisonous.
 understanding and prevention of any obnoxious adverse reactions to drugs at therapeutic concentration that is used or is intended to be used to modify or explore physiological system or pathological system 
even be that prescribed by practitioners of Unani or Ayurvedic system of medicine. In recent days, awareness has been created related to safety and adverse drug reaction monitoring of herbal drugs including Unani drugs.[31] The Indian Medical Association describes Unani, Ayurvedic, Siddha practitioners who practice medicine without having right
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 ISBN 9788131303580. ^ Chishti, p. 2. ^ Kapoor, p. 7264 ^ Exchanges between India and Central Asia in the Field of Unani Medicine" by Hakim Syed Zillur Rahman, History of Science, Philosophy and Culture in Indian Civilization, Vol. III Part 2 (India's
Interaction with China, Central and West Asia), Ed. A. Rahman, Central and West Asia), Ed. A. Rahman, History of Science, Philosophy and Culture in Indian Civilization, Vol. IV
Part 2 (Medicine and Life Sciences in India), Ed. B. V. Subbarayappa, Centre for Studies in Civilizations, Project of History of India. Archived from the original on 2007-12-23.
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 Collection Retrieved from "Unit No 303-304 Block A, AK Trade Centre, Zirakpur, Chandigarh - Ambala Highway 1 Unani System of Medicine A brief Introduction and ConceptsDr. Taher Mohammed Abdur-Raheem BUMS., MS., MHM., PhD Assistant Professor., UQU-Makkah 2 Topics covered are Introduction Concepts Diagnosis TreatmentPharmacology
  Recognition Research Suggestion 3 Introduction Origin of name Unani is a Persian wordWhich means "Ionian" (meaning a native of Ionia). Tib is an Arabic word meaning Medicine, Western Holistic medicine and Tib-e-Nabavi .... etc 4
Introduction Ayurveda Homoeopathy Unani Yoga Sujok Siddha NaturopathyAcupressure Acupuncture and Allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatmentUnani medicine follows nature's way of healing. Every pathy has its uniqueness and excellent ways of treatmentUnani medicine follows nature and Allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatmentUnani medicine follows nature and Allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatmentUnani medicine follows nature and Allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatmentUnani medicine follows nature and Allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatment of the follows nature and allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatment of the follows nature and allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatment of the follows nature and allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of treatment of the follows nature and allopathy is also one among them. 5 Every pathy has its uniqueness and excellent ways of the follows nature and allopathy is allowed to the follows nature and allowed to the follows nature and allowed to the follows nature and allopathy is allowed to the follows nature and allowed to the follo
 then the other system becomes alternative system and vis-versa. If Allopathy system and I use Allopathy as alternative medicine in emergency and life threating situations. 6 Origin and Development of Unani System Of
Medicine 7 Unani system originated from GreeceThe core philosophy of Unani-Tib was extensively practiced all over the world, including European countries. However, with the introduction of Homeopathy in the late 17th century The "germ theory" towards
the end of the 19th century, Unani-Tib, in its original form, is currently practiced in few countries such as India, Pakistan Bangladesh and Sri Lanka. 8 Sitta-e-Zaruria (Six basic principles of life): Changes in atmospheric air Physical activity and relaxation Using diet as therapeutic value which means safe drinking and food habits Healthy pattern in sleep
and wakefulness Proper excretion and retention of fluids Regular mental activities and Using medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly necessary 9 Concept of Unani Medicine They are badly 1 Concept of Unani Medicine They are badly 1 Concept of Unani Medicine The
of the body It tunes the body to stay in a healthy condition It is the power of influence to repair and come out of disease and promote wellness in the body. In fact the job of physician is to assist "Tabiyat Mudabbir-e-Badan
/ Physique Medicatrix". If Tabiyat Mudabbir-e-Badan is weak then disease will be powerful and it will take long time to cure the disease and vis-e-versa. 11 Concept of Health and Disease in Unani MedicineThe concept of Health and Disease and vis-e-versa. 11 Concept of Health and Disease in Unani MedicineThe concept of Health and Disease in Unani MedicineThe concept of Health and Disease in Unani MedicineThe concept of Health and Disease and vis-e-versa. 11 Concept of Health and Disease in Unani MedicineThe Conc
  Umoor-e-Tabiya (fundamentals of physique): The fundamentals are related to Tabiyat, if any one among them is lacking then human body will not exist. They are 7 in number: Arkan Basic Elements Mizaj Temperament Akhlat Humours Aaza Parts of body Arvah Soul Quwa Faculty of power Af-aal Function 12 Concept of Unani MedicineThe concept of
 Arkan (Basic Elements): Arkan / Anasir / Ustoqussaat. These are such single (or) Baseet matter, which constitute the basic parts of human body, they are undividable. When Arkan meet together they form different theories regarding to the
 number of Anasir, One school of thought admit only one Unsur. Another says two, three, four and even up to five Anasir. 1. Earth 2. Water Air Fire In universe four properties exist, they are; 1. Hararat Hotness 2. Buroodat
Ratab (Hot and Moist) Barid Yabis (Cold and Dry) Barid Ratab (Cold and Moist). Allama Nafees and other experts says that air, earth, water and fire are not single husk but they are compounds and they described them as four basic constituents or matters, they also described their properties as: Fire Haar Yabis ----Hot and Dry) Earth -- Barid Yabis Cold
and Dry) Air Haar Ratab Hot and Moist) and Water -- Barid Ratab Cold and Moist). 15 The concept of Akhlat (Humours): Khilt means a type of mixed fluid, which runs in arteries, veins and capillaries. Sauda Black Bile Safra Bile Balghem Phlegm and Dam Blood When they are thoroughly mixed they called as Akhlat. It is called blood because it dominates
 Hippocrates says diseases are due to the disturbance in Akhlat. Allama Abu Sahal Masihi define Khilt as a liquid matter towards which the diet is metabolized. 16 Concept of Unani MedicineUnani medicine believes the concept of four Akhlat The inspection
 of collection of blood by means of Fasd / bloodletting / Veini-section in an open pot reveals: The yellowish froth on upper surface is called Balghem
two types. Dam Tabaiee (Normal Blood) Dam Ghair Tabaiee (Abnormal Blood) Khilt Balghem (Phlegm): Its Mizaj (Temperament) is different according to different acc
Tabaiee (Abnormal Phlegm) 18 Khilt Safra (Bile): Its Mizaj is Haar Yabis (Hot Dry). It is of two types. Safra Tabaiee (Normal Bile) Safra Ghair Tabaiee (Abnormal Bile): Its Mizaj is Barid Yabis (Cold Dry). It is of two types. Safra Tabaiee (Normal Bile): Its Mizaj is Barid Yabis (Cold Dry). It is of two types.
 leadership, restless, easily angered Black bile autumn earth gallbladder cold Despondent, quiet, analytical, serious Phlegm winter water brain/lungs Calm, thoughtful, patient, peaceful 20 Concept of Mizaj (Temperament):Mizaj stays in an equilibrium state in all components of that particular compound and it will acquire a new property, when it interacts
  with different properties. According to experts interaction is of two types: 1. Ulfat Kemia (Chemical Attraction). 2. Bughzat Kemia (Law of Retention). 2. Imtizaj (Interactive power of every Unsar. It may be of two types: Imtizaj Saada (Simple
interaction): When two or more Anasir are simply mixed and their fundamental components / properties are changed and a new property is emerged. 22 Types of Mizaj As a routine
observation Mizaj is of two types. Mizaj-e-Motadil (Normal Temperament): It is of Two Types. Mizaj-e-Motadil Tibbi Mizaj-e-Motadil T
body. Arvah (Ruh/ Soul/ Spirit/ Chi): Ruh (Life force) is a gaseous substance, obtained from the inspired air, it helps in all the metabolic activities of three kinds: Natural power (Quwa Tabiyah): Natural power is the power of metabolism and
reproduction. Psychic power refers to nervous and psychic power. It is located inside the brain and is responsible for maintaining life and enables all the organs to accept the effect of psychic power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function): This component refers to the movements are not power. 25 Af-aal (Function)
 and functions of all the organs of the body. In case of a healthy body the various organs are not only in proper shape but are also performing their respective functions. This makes it necessary to have full knowledge of the functions of the human body in full detail. Diagnosis: In Unani System diagnosis is mainly depend on Temperament (Mizaj) of the
of pulse observed during the diagnosis are: 1. Quantity 2. Force 3. Duration of the rest period 7. Palpitation of the rest period 7. Palpitation of the rest period 7. Palpitation of the pulse 8. Equality and inequality 9. Balance of the pulse 8. Equality and inequality 9. Balance of the pulse 10. Rhythm 27 Physical examination of Urine: Is carried out by the study of Urine, pathogenesis of blood and other
 humors, metabolic disorders and liver diseases. The following observations of urine are made: 1. Colour 2. Consistency 3. Clearness and turbidity 4. Odor 5. Foam or froth 6. Precipitates 7. Quantity, 28 The examination of stool is done by its:1. Colour, 2. Quantity, 3. Consistency and 4. The presence of foreign body helps very much in the diagnosis of
three parts: First part: Ezala-e-Sabab (Removal of cause) that attempts to remove cause of main ailment Second part: Tadeel-e-Aza means normalization of tissues/organs. 31 Treatment protocol in Unani Medicine: Minor ailment should not be
practice medicine try first single drugs, then compound drugs. Finally use surgical measures. 32 In Unani following types of treatments are adopted. Elaj bit Tadbeer (regimental therapy) includes Veinisection, cupping, leaching, diaphoresis, diuresis, Turkish bath, massage, cauterization, purging, emesis, exercise and leeching. Elaj bil Ghiza
 (dietotherapy): administration of specific diets or by regulating the quantity and quality of food. Humors which are products of digestion of food is restored first to get rid accumulated toxins. Elaj bid dawa (Pharmacotherapy): Herbal medicines are used for the treatment for both external and internal usage. Internally they are used single or in
 combination with other drugs or formulation, because of the delicacy and importance of the digestive process. 33 The external applications of drugs are: Affusions Compresses Dressings Embrocations Fomentations Fomentations Fomentations Fomentations Fomentations Fomentations Fomentations Fomentations of drugs are: Affusions Compresses Dressings Embrocations Fomentations Fomentatio
 modify the Mizaj (Temperament To prevent elimination To eliminate disease matter from the body 34 Makhaz-e-Advia (Sources of Drugs): Materia medica of Unani System of Medicine consists of drugs from three main sources. These are: Botanical Source Animal Source Geological or mineral Sources 35 Ashkal Advia (Forms of Drugs): Drugs are used in
 India Achievements: Diseases studied-30 Drugs formulation 120 Clinical trials-55 Drugs safety evaluation-100 Formulations 30 Patent rights -08 Diseases in which successful treatment achieved through research: Skin diseases -Vitiligo, Eczema & Psoriasis Liver disorders -Acute & Chronic Hepatitis Musculoskeletal disorders -Rheumatoid arthritis and
introduced in India by the Arabs and Persians sometime around the eleventh century. • Today, India is one of the leading countries in so for as the practice of Unani medicine is concerned. • It has the largest number of Unani System • Unani Syste
• Hakim Ajmal Khan IS UNANI physician but also one of the foremost freedom fighters in the country. He established an Ayurvedic and Unani medicine in Delhi in 4. • Today the Unani system of medicine with hospitals and educational and research
 new temperament existence. i.e Hot wet, hot dry, cold wet, and cold and dry. 6. • The body has the simple and compound organs which got their nourishment (The substances necessary for growth, health, and good condition) through four humours i.e. blood, phlegm, yellow bile and black bile. 7. • The humour (put into a good mood) is also assigned
 temperament as blood is hot and wet, Phlegm is cold and hot, Yellow bile is hot and dry and Black bile is cold and dry. 8. • Phlegm is cold and hot (Thick, sticky, stringy mucus secreted by the mucous membrane of the respiratory tract, as during a cold or other respiratory infection).
 essentials • Atmospheric air • Physical activity and rest • Drinks and foods • Sleep and wakefulness • Excretion and retention • Mental activity and rest 11. • The human body is considered to be made up of the following seven components are: • i. Elements (Arkan) • ii. Temperament (Mizaj) • iii. Humors (Akhlat) • iv. Organs (Aaza) • v. Spirits (Arwah) •
temperament of the individual is very important as it is considered to be unique. The individual's temperament is believed to be the result of the body which are produced after transformation and metabolism of the aliments; they serve the function of
 nutrition, growth and repair; and produce energy, for the preservation of individual and his species. 15. • The humors are responsible for maintaining moisture of different organs of the human body. The health or disease of each individual organ affects
the state of health of the whole body. 17. Spirits (Arwah) • Ruh (Spirit) is a gaseous substance, obtained from the inspired air, it helps in all the metabolic activities of the body. 17. Spirits (Arwah) • Ruh (Spirit) is a gaseous substance, obtained from the inspired air, it helps in all the metabolic activities of the body. 17. Spirits (Arwah) • Ruh (Spirit) is a gaseous substance, obtained from the inspired air, it helps in all the metabolic activities of the body. 18.
These are the carriers of different powers, which make the whole body system and its parts functional. 19. Faculties (Quwa) • These are of three kinds: • Natural power (Quwa Tabiyah) • Natural power is the power of metabolism and reproduction. Liver is the seat of this power and the process is carried on in every tissue of the body. Metabolism is
concerned with the processes of nutrition and growth of human 20. • Nutrition comes from the food and is carried to all parts of the body, while growth power is responsible for perceptive and
motive power. Perceptive power conveys impressions or sensation and motive power brings about movements as a response to sensation. 22. • Vital power (Quwa Haywaniyah) • Vital power is located in the heart. It Keeps life running in the
tissues. 23. Functions (Afaal) • This component refers to the movements and functions of the body. • In case of a healthy body the various organs are not only in proper shape but are also performing their respective functions. • This makes it necessary to have full knowledge of the functions of the human body in full detail 24. Diagnosis •
The Diagnostic process in Unani system is dependent on observation and physical examination. • Diagnosis involves investigating the causes of disease thoroughly and in detail. For this, the physicians depend mainly on pulse reading and examination of urine and stool. 25. • The ten conditions of pulse observed during the diagnosis are: • i. Quantity • ii.
Force • iii. Duration of movement • iv. Condition of the vessel wall • v. Volume 26. • vi. Duration of the pulse • vii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance of the pulse • viii. Equality and inequality • ix. Balance 
disorders and liver diseases. • The following observations of urine are made: • Colour • Consistency • Clearness and turbidity • Odour • Foam or froth • Precipitates • Quantity 28. • The examination of stool, its colour, quantity, consistency and the presence of foreign body help very much in the diagnosis of various diseases. • Besides the means of pulse
reading and physical examination of urine and stool, other conventional means such as inspection, palpitation, percussion and occultation are also used for diagnosis purposes. 29. Strength in the following disorders: • Skin disorders: • Skin disorders: • Skin disorders: • Skin disorders: • Mental disorders • Sexual
disorders • Gynecological disorders • Neurological disorders • Neurolog
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votes)517 viewsThis document provides an overview of Unani medicine, an ancient system of medicine that originated in Greece but was developed further during the Arab-Persian and Indian periods. It discuss...AI-enhanced title and descriptionSaveSave UNANI MEDIcine For Later0%0% found this document useful, undefined
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